CF Development Module:
Understanding the Concept of Starting Points (40 minutes)

Time	Working Group	Focus	Materials (Overheads)
5 min	Entire group	Introduction • Group skills (appoint a CF) o Leader, time keeper, participation, produce something • If we encountered each other in the course, who would we identify others? • What labels would you give them? • 2-3 per person (HCF to demonstrate with each other)	
5 min	All	Circulate and label others	
5 min	4 small groups	Create four small groups Who are your typical course participants? Create 3 or 4 and give them qualities. • Background, coaching experience, level of play, skill, personal qualities, potential	
5 min	Same	Given what you know of the course and your experience: • Where will they flourish? • Where will they be challenged?	
5 min	All	Share in large group	
5 min	Groups	By when do you know this? How do you find this out?	
10 min	All	Introduce the Pre-test component and the importance of starting points • Be clear on my objectives?	

CF Development Module:
Improving Facilitation Strategies (55 minutes)

Time	Working Group	Focus	Materials (Overheads)
5 min	All	Introduction: • We have strategies/techniques/approaches to course delivery • We also have these strategies/techniques/approaches with individuals • This is both how we "personalize" and "individualize" the course for the participants and for ourselves	
10 min	Groups	Same leaders and rotate team members What are your strategies/techniques/approaches when dealing with: • The technical expert who challenges • The weak player with fabulous interpersonal skills • The insecure or apathetic participant • The former "player"	
5 min	Same	How do we "come to know" them? • Their behaviours and attitudes What assumptions must we make about them? How do we label them?	
10 min	Same	Why do we label them? Why do we make these assumptions? How do we think we are helping? • Give an example of the person who constantly pushes to the front of the group or constantly answers first.	
10min	Same	What are the potential roadblocks that occur? How can this practice be counterproductive?	
10 min	Individual	How have the labels others gave you affected you?	
5 min	All	Wrap up How do you know others label you even if they don't physically mark you?	

CF Development Module:
Understanding Your Expertise as a CF (100 minutes)

Time	Working Group	Focus	Materials (Overheads)
5 min	Individual	How do people "push your buttons"? When do you lose control? When does the course go off the rails? How does it show?	
5 min	Same	What strategies or techniques do you have for coping?	
10 min	Small groups	Same leader and rotate team members Share strategies and techniques • Modify and improve them	
10 min	All	Share all 3: • Button • Strategy • Improvements or modification	
5 min	Small group	In what ways do we make sure that participants know we are the expert in the room (on the court)?	
5 min	Same	What are the positive and negative implications?	
10 min	Same	What do you see as the key differences between: • Course Conductor • Learning Facilitator	
10 min	All	Share ideas and record	
5 min	All	What assumptions did I make at the beginning of the day or exercise about: • Why you are here? • Why you are a course facilitator?	
5min	All	How might they have been wrong?	
10 min	Individual	Why are you a facilitator? Why are you here?	
5 min	All	What can you know about me? • NOTHING Let me be more specific. What can you know about me in my role as a Learning Facilitator?	
5 min	All	What points did I make? How did I go about communicating them?	
10 min	Individual	What did you learn from this module? How will you incorporate this into your facilitation? Post it on the board: Positive comment about this morning	