



C2

COACH 2

COURSE

INFORMATION GUIDE



WHO IS THE COACH 2 COURSE FOR?

The Coach 2 course (NCCP Context: Introduction to Competition Advanced) is the first level of the Tennis Canada's "Competition Stream – Performance Coaching" certification stream, focusing on the WPDP Stage 2 "FUNdamentals" and Stage 3 "Development".

This development coaching course is suitable for coaches who demonstrate the highest qualities of integrity, dedication, commitment and skill towards working with provincial and national competitive players.

Role in Industry: Coach at an Academy or Junior Development Program, Head Coach for U12 Program (½, ¾, Full Court Green or U12 Full Court), Personal Coach for U12 Player, Club Level Adult Competitive Coach.

ALL CANDIDATES MUST BE WORKING YEAR-ROUND WITH PROVINCIAL LEVEL COMPETITIVE PLAYERS



WHAT IS THE MAJOR FOCUS OF THE COURSE?

The major focus of the Coach 2 course is to ensure that the coach has the competencies to develop a strong global foundation (technical, tactical, physical and psychological fundamentals) in order to maximise the player's development and transition to the next level without limitation. The priority is to develop competitive players while increasing the pool of U12 players in Canada with international profiles. The coach will be capable of creating a consistent high-performance environment while possessing the attention to detail that goes into managing a player and the relentlessness required to develop great habits. In addition, coaches will be competent in addressing the needs of top provincial/national competitive adult players in the club environment.

WHAT WILL I LEARN?

In this course you will gain knowledge and competencies on:

- Creating a Safe Tennis Environment
- Making Ethical Decision
- Provide Support to Athlete in Training
- Plan a Practice
- Support the Competitive Experience
- Analyse Performance
- Design a Sport Program
- Manage a Program
- Tennis Specific Outcomes

WHAT ARE THE COURSE PREREQUISITES?

1. Minimum certification requirement: Club Professional 2 or recognition of coaching competence
2. Minimum age: 21 years
3. Minimum level of play: 5.5
4. Coaches must be able to feed at an advanced level and demonstrate advanced skills as required in order to work with a top Provincial/National junior player.
5. Be a current member of the Tennis Professionals Association.
6. Coaches must have two U12 competitive players (provincially ranked) that they work with primarily for the duration of the course. You are ultimately responsible for their overall development and coach both on a weekly basis (i.e., in group and private training; support in competitive environments). These players will be used for your portfolio assignments.
7. If not already done so, coaches must complete the NCCP Make Ethical Decision online evaluation prior to the first regrouping of the course.

HOW WILL I BE EVALUATED?

The following will summarize the various evaluations which will be used to determine certification for the Coach 2 Course. (Note: Specific topics for each evaluation will come from the LTAD competencies). These will consist of:

1. Live On-Court Evaluations
2. Live Written Evaluations
3. Video Coaching Evaluations
4. Written Assignments
5. Final Presentation of Portfolio (of work done with two U12 players)

Live On-Court Evaluations

1. Feeding and Playing test
2. High-Performance Fundamental Training (cooperative with rotations)
3. Training Challenging Point Situations
4. Private Lesson with a Technical Focus (technical fundamentals)
5. Training Effective Tactical Pattern (decision making considering players strengths/weaknesses)

Live Written Evaluations

Ongoing throughout the course, which will cover reading assignments and other work covered during the course.

Video Coaching Evaluations

Written Assignment/Workbook

- Pre-Course Assignments
- In Course Workbook

Final Presentation of Portfolio (of work done with your 2 players)

Note: **Please note that other assignments and evaluations may be added at the discretion of the Coach Developers in order to help ensure that course competencies are met. *You will review and sign a Commitment to Excellence letter verifying your understanding of what will be required to complete the course.*

Candidates must achieve a “meet standards” rating on all the evaluations and assignments to be certified. If candidates achieve an “incomplete or below standards” rating on any evaluations or assignments, they must re-take that evaluation or redo the assignment. The timing of those evaluations and due dates for all assignments will be clearly established and identified during the course.

After the final date of the course, any candidate who “does not meet standards” in more than 1 evaluation or assignment will be required to retake the course. For those who only have 1 evaluation that does not “meet standards” they will have one opportunity to retake the outstanding evaluation within a limited time (determined by the Course leader).

WHAT ARE THE REQUIRED COURSE MATERIALS AND RESOURCES?

1. Coaches must have access to a video camera, wireless microphone, tripod, and the ability to transfer video to a computer.
2. Coaches must be able to produce documents electronically (WORD and PDF).
3. In addition to the two U12 players in #6 above, coaches must have 4 junior players (age appropriate) accessible for the implementation of tennis assignments.

WHO WILL LEAD THE COURSE?

The course will be led by Tennis Canada’s team of Coach Developers. The course will also include the involvement of Tennis Canada Sport Science Experts.

WHAT IS A TYPICAL COURSE SCHEDULE STRUCTURE?

The course will be 20 days of course work which is made up of 4 regroupings of 4 days each of in-person training and 4 webinar days over a 1 year period. 100% mandatory attendance of all regroupings is required for this course. The Coach 2 course is given every second year.

Your commitment to the course involves making sure you are free for the webinar, live regrouping days as well as the travel time required to attend. It may also require the cooperation and permission of your manager/leader as there is significant time away from your club or academy environment. In addition, there will be a good number of hours with a variety of home assignments between regroupings which includes items such as reading, portfolio work, research, videotaping of athletes, evaluation preparation, etc.

WHERE WILL THE COURSE TAKE PLACE?

The course will take place at Sobeys Stadium – 1 Shoreham Drive, Toronto, Ontario M3N 3A6
OR IGA Stadium - 285 rue Gary-Carter, Montreal, Quebec, H2R 2W1.

Note: *If we have a sufficient number of registration/participants from Alberta and British Columbia, we will consider hosting 2 provincial regroupings on the West Coast.*

HOW MUCH DOES THE COURSE COST?

Cost of the program (must be a TPA member in good standing): \$1,950.00 (including HST).
1st payment (\$1,000.00) will be required when the coach is accepted into the course to confirm his/her place in the course. The 2nd payment (\$800) will be processed on the first day of the first in-person regrouping.

Note: *A fixed travel subsidy is offered to the candidates outside of Ontario and Quebec. All candidates must organize their own accommodation. Some local hotels will offer special rates.*

WHO CAN APPLY FOR TRAVEL SUBSIDIES?

1. Coaching candidates who are involved with a TDC (15 hours minimum a week of involvement) or head coach of a national-ranked players (15 hours minimum a week of involvement).
2. Former top-ranked Canadian players (Top-8 nationally ranked Under-18 juniors and/or top-20 open category players).

2024 SCHEDULE

National Webinar	1 Day	Thursday February 1, 2024 10:00 am - 12:00 pm 1:00 pm - 3:00 pm
National Regrouping (Sobeys Stadium)	4 Days	Thursday to Sunday February 8 to 11, 2024 8:00 am to 4:00 pm
National Webinar	1 Day	Thursday May 2, 2024 10:00 am - 12:00 pm 1:00 pm - 3:00 pm
National Regrouping (Sobeys Stadium)	4 Days	Thursday to Sunday May 9 to 12, 2024 8:00 am to 4:00 pm
National Webinar	1 Day	Thursday August 15, 2024 10:00 am - 12:00 pm 1:00 pm - 3:00 pm
National Regrouping (Montreal, TBD)	4 Days	TBD
National Webinar	1 Day	Thursday October 31, 2024 10:00 am - 12:00 pm 1:00 pm - 3:00 pm
National Regrouping (Toronto, TBD)	4 Days	TBD



HOW WILL SELECTION OF COURSE PARTICIPANTS BE DETERMINED?

All coaches applying for the Coach 2 course must be Active TPA members. Selection of course participants will be based on the Club Professional 2 coaching course performance, involvement in coaching, coaching experience/results and on past and current playing level.

HOW DO I REGISTER FOR THE COURSE?

1. Contact Merhay Tesfa Endrias at Tennis Canada, by email at: **mtesfa-endrias@tenniscanada.com** for the Application Form.
2. Once accepted, you will receive a link to register for the course and make the first installment of \$500 by **January 15, 2024**. The rest of the cost must be paid in full by credit card before the first day of the course.

WHO DO I CONTACT FOR MORE INFORMATION?

Please contact Merhay Tesfa Endrias at mtesfa-endrias@tenniscanada.com

